

Patient preparation for CT Chest Scan

A CT (computed tomography) scan is an advanced imaging technique which uses x-rays to produce detailed cross-sectional images of your body. CT scans show us the internal organs much better than standard x-rays do and are a safe and routine procedure.

Please follow these simple steps before coming to your CT Chest appointment at Mercy Radiology:

- 1. Do not eat or drink for <u>three hours prior</u> to your appointment, with the exception of black tea or coffee, or water. You may have sugar in your tea or coffee.
- 2. Continue to take all prescribed medication as usual, and bring a list of any medications you are currently taking to your appointment.
- 3. Please let us know, prior to your appointment, if you are a diabetic.
- 4. You may be given intravenous contrast at the time of your examination to enhance the visualisation of certain organs. Before administering any contrast agent, the staff will ask you if you have any known allergies.
- 5. You should allow at least half an hour for this procedure.
- 6. Please bring your referral form from your doctor or referrer.
- 7. Please make sure you arrive at least <u>10 minutes before</u> your scheduled appointment time.

If you have any questions regarding your CT appointment, please do not hesitate to call us on 09 623 5857. We look forward to seeing you.

The CT Department

Note: If you have had a previous examination relating to this examination at another provider, you will need to bring these images with you. (If the related imaging was performed at a public hospital, you can advise us when you arrive for your appointment).